

Chi Nei Tsang  
On-Line Certification Course  
Curriculum

While all are encouraged to study the CNT on line course, the Certification program is intended for practitioners currently certified to touch and those whose region does not require certification. This program does not offer American CEU's.

Required materials:

Copy of certification to touch (massage, physical therapy, esthetician, MD, etc)  
Email address and email access  
Skype videoconference program *with video*  
Printer  
Computer scanner  
Postal address (for certificate)

Curriculum

#### LESSON ONE

- 1) \*Purchase and download [lesson one](#)
- 2) Download and print intake forms [here](#).
- 3) Practice: 10 one hour sessions on others and fill out the intake form for each session (this may be a part of sessions involving other modalities and each person may come more than once). Retain the hard copies.
- 4) Write one page (single space, Times New Roman font, size 12) detailing your understanding of the meditation and techniques discussed.
- 5) Scan intake forms, **local certification to touch**, and email with written dissertation to [Sarina@SarinaStone.com](mailto:Sarina@SarinaStone.com)

#### LESSON TWO

- 6) Purchase and download [lesson two](#)
- 7) Practice: 10 one hour sessions on others and fill out the intake form for each session (this may be a part of sessions involving other modalities). Retain the hard copies.
- 8) Write one page (single space, Times New Roman font, size 12) detailing your understanding of the meditation and techniques discussed.
- 9) Scan intake forms and email with written dissertation to [Sarina@SarinaStone.com](mailto:Sarina@SarinaStone.com)

#### LESSON THREE

- 10) Purchase and download [lesson three](#)
- 11) Practice: 10 one hour sessions on others and fill out the intake form for each session (this may be a part of sessions involving other modalities). Retain the hard copies.
- 12) Write one page (single space, Times New Roman font, size 12) detailing your understanding of the meditation and techniques discussed.
- 13) Scan intake forms and email with written dissertation to [Sarina@SarinaStone.com](mailto:Sarina@SarinaStone.com)

UPON COMPLETION OF LESSON THREE, WRITE TO [SARINA@SARINASTONE.COM](mailto:SARINA@SARINASTONE.COM) TO SCHEDULE A 1 HOUR CONSULTATION (VIDEO CONFERENCE OR IN PERSON).

There will be two required consultations with a certified Chi Nei Tsang instructor. Please have questions prepared for these meetings.

If reasonable knowledge is relayed by the student, instructor will approve further study.

#### LESSON FOUR

- 14) Purchase and download [lesson four](#)
- 15) Practice: 10 one hour sessions on others and fill out the intake form for each session (this may be a part of sessions involving other modalities). Retain the hard copies.
- 16) Write one page (single space, Times New Roman font, size 12) detailing your understanding of the meditation and techniques discussed.
- 17) Scan intake forms and email with written dissertation to [Sarina@SarinaStone.com](mailto:Sarina@SarinaStone.com)

#### LESSON FIVE

- 18) Purchase and download [lesson five](#)
- 19) Practice: 10 one hour sessions on others and fill out the intake form for each session (this may be a part of sessions involving other modalities). Retain the hard copies.
- 20) Write one page (single space, Times New Roman font, size 12) detailing your understanding of the meditation and techniques discussed.
- 21) Scan intake forms and email with written dissertation to [Sarina@SarinaStone.com](mailto:Sarina@SarinaStone.com)

#### LESSON SIX

- 22) Purchase and download [lesson six](#)
- 23) Practice: 10 one hour sessions on others and fill out the intake form for each session (this may be a part of sessions involving other modalities). Retain the hard copies.
- 24) Write one page (single space, Times New Roman font, size 12) detailing your understanding of the meditation and techniques discussed.
- 25) Scan intake forms and email with written dissertation to [Sarina@SarinaStone.com](mailto:Sarina@SarinaStone.com)

UPON COMPLETION OF LESSON SIX, WRITE TO [SARINA@SARINASTONE.COM](mailto:SARINA@SARINASTONE.COM) TO SCHEDULE A 1 HOUR CONSULTATION (VIDEO CONFERENCE OR IN PERSON).

This is the second of two required consultations with a certified Chi Nei Tsang instructor. Please have questions prepared for this meeting. Student will be given an oral exam. Full knowledge of the Inner Smile and Six Healing Sounds practices as well as all techniques taught will be discussed. If the student relays reasonable knowledge, instructor will approve certification.

\*Student may choose to purchase six lessons at once and receive free video lesson “The Constipation Cure” with Sarina Stone. We heartily recommend this as this lesson shows how to work on children.

#### FEE SCHEDULE

Individual lessons: \$35 (Purchase all six and receive free bonus lesson) – due upon receipt via credit card or PayPal

Individual consultation: \$150 – due prior to consult. via [credit card or PayPal](#)

Certificate processing and mail - \$95 due prior to release of certificate, via [credit card or PayPal](#)

Recommended reading:

Chi Nei Tsang: Chi Massage for the Vital Organs by Mantak Chia

Recommended audio and video:

Inner Smile – Audio – free on [www.SarinaStone.com](http://www.SarinaStone.com) front page

Six Healing Sounds – [Video](#)

Inner Smile and Six Healing Sounds combined practice - [Audio](#)

MicroCosmic Orbit Practice - [Audio](#)